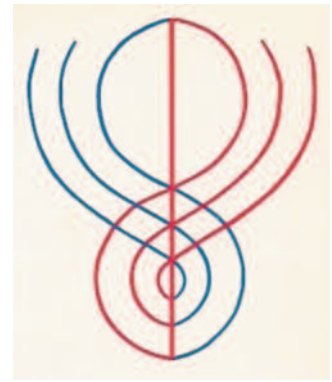


INTERNATIONAL CONFERENCE FOR EXTRA LESSON PRACTITIONERS
July 30 to August 3, 2012 –
at Sunbridge Institute, New York

Extra Lesson and the Human Archetype



Educational support work based on the Extra Lesson is now being practiced globally, and more teachers are becoming committed to establishing programs in their schools. Today's children need this approach more than ever as we move into the future. This conference will deepen our understanding of the developmental approach to learning challenges based on spiritual foundations and archetypes.

CONFERENCE INFORMATION: This conference is intended for graduates of international Educational Support teacher development programs. Joep Eikenboom, author of “Foundations of the Extra Lesson”, will present morning lectures on his research of the archetypes upon which the Extra Lesson is founded. In addition, participants will engage in research, new art experiences, discussions, case studies and best practices. International contributors will bring newly developed artistic work, case studies, fine-tuning of the exercises, research on diagnosis, complementary activities, and enhancements for crafting lessons. Sunbridge Institute is located 45 minutes outside of New York City. Please visit their web site – www.sunbridge.edu – for housing, directions, airports, shuttles etc. Housing can be paid for on line through Sunbridge Institute.

A similar conference will be held in Fair Oaks California in summer of 2013. The schedule for this will be posted in March.

ORGANIZING GROUP: Rachel Ross, Mary Jo Oresti, Maria Eugenia Obniski, Joep Eikenboom, Ingun Schneider. We warmly invite you to attend and meet your colleagues from many places in the world. We all share common challenges and inspirations and can gain new insights in this seminar formatted conference.

REGISTRATION: See website for online registration. **See last page for mail-in form.** The non-refundable Registration Fee is \$50 US; the Conference Fee payment, \$425, is due by July 1st. (Total cost \$475)

Travel scholarships are available and will be distributed at the conference.

PLEASE GO TO PAGE 7 FOR MAIL-IN REGISTRATION FORM

CONFERENCE INFORMATION

Joep Eikenboom will present two lectures each morning; they will include the deeper aspects of following subjects:

Extra Lesson and the Human Archetype

Imprinting and Memory

Convex/Concave

Foundations of the Extra Lesson

Spiritual Science - The Observable and the Supersensible

Sleep – Strengthening Moral Forces

Interpretation of the Person/House/Tree Assessment

Deepening Our Work and the Future of Extra Lesson

The Three Streams of Incarnation - Archetype, Individuality, Karma

Deeper Aspects of the Earth and Human Currents in Relation to Assessments and the Exercises

After lunch each day we will be guided through Fine Tuning the Extra Lesson Exercises with Ingun Schneider. We'll review some commonly used exercises in rotating small groups who will perform them while the rest take notes. Ingun will also share how the exercises may be developed to challenge each student at his/her level of capacity. Ingun Schneider, PT, MA is Director of the Remedial Education Program at Rudolf Steiner College in Fair Oaks, California. She has worked with the Extra Lesson since 1983, was a class teacher (grades 1-8) at Sacramento Waldorf School, now consults at Waldorf schools and gives Extra Lessons in San Francisco.

Language Preferences: We are planning to offer Joep's lectures and Ingun's Fine Tuning sessions in English, with Spanish Translation. For the workshops, once we know the numbers signed up for each and the language preferences of those who request them, we plan to try to provide translations or alternate sessions. We will be offering various workshops in Spanish and English, and three from our colleagues from Brazil will be in English or Portuguese.

DAILY SCHEDULE

	Monday July 30	Tuesday July 31	Wednesday Aug. 1	Thursday Aug. 2	Friday Aug. 3
8:30 – 8:50	Morning Eurythmy with Rachel Ross				
8:50 – 10:15	Welcome Joep Eikenboom: Extra Lesson & the Human Archetype	Joep – Lecture	Joep – Lecture	Joep – Lecture	Joep – Deepening Our Work; Future of Our Extra Lesson
10:15 – 11:00	Break				
11:00 – 12:15	Joep – Lecture	Joep – Lecture	Joep – Lecture	Joep – PHT Interpretation	Joep – Q & A; Sharing & Discussion
12:15 - 2:00	Lunch				
2:00 – 2:45	Fine Tuning the Extra Lesson Exercises, with Ingun Schneider				
2:55 – 4:15	Workshops*	Workshops*	Workshops*	Workshops*	Audrey McAllen Retrospective* <i>Closing of Conference</i>
4:15 – 4:45	Break				
4:45 – 6:00	Workshops* or AHE session*	Workshops* or AHE session*	Workshops* or AHE session*	Review and Sharing Plenum	International Training Directors and Faculty Meeting
6:00 – 7:30	Supper				
7:30 pm	Madonna Series	Madonna Series	Interest Groups/Free	Interest Groups/Free	

*** NOTES**

WORKSHOPS: See next page

AHE SESSIONS: Graduates of the most recent AHE class (Cycle 9) will meet during the 4:45 slot on Monday, Tuesday and Wednesday.

RETROSPECTIVE with those who have personally known and worked with Audrey McAllen. Sharing memories of early years, research, and the deeper impulses of the Extra Lesson.

WORKSHOP/RESEARCH PRESENTATIONS

Please use the Registration Form to request seven workshops, using the blue key letters. Also be sure to indicate your language preferences. Three workshops will take place simultaneously during the 2:55 slot on Monday through Thursday. Two workshops will take place simultaneously during the 4:45 slot on Monday, Tuesday and Wednesday. We will make every effort to give you your first choices and appropriate language, depending on the numbers who sign up for each workshop. If you have a question about the workshops, please email Rachel Ross — rcross21@msn.com

A Enhancing Executive Function in Adolescents and Adults – Connie Helms, M.Ed.

The Extra Lesson work can help adolescents and adults build their executive function and memory skills, take more initiative, and strengthen resilience. By using specific indications from Rudolf Steiner combined with central exercises from the Extra Lesson, participants will be taught how to craft a program for adults and adolescents. Case studies will be included.

In addition to the Extra Lesson and the Foundations of the Extra Lesson, background information will derive from key lectures by Rudolf Steiner: *Foundations of Human Experience* (Study of Man), *A Psychology of Body, Soul and Spirit* (1909 lectures), and *Balance in Teaching*.

Connie Helms works in private practice as an Extra Lesson Practitioner in Vermont, USA, with children, teens and adults. (www.balanceinchildhood.com) She is a consultant to Waldorf schools in the USA and mentors students in Educational Support trainings. She also serves on the board of the Association for a Healing Education and looks forward to assisting in its 10th cycle of training starting October 2012.

B An Experience at a Waldorf school — an exercise program for schools devised by INPP — Laura Pellico Nabreda, Psychologist, M.Ed. (Spanish or English)

In 1996 Sally Goddard Blythe devised an exercise program based on a clinical program and adapted to be used with larger groups of children within school settings. The program is based on the theory that control of balance, motor skills and integration of early reflexes are linked to academic achievement. The exercises take children back to the very beginning of balance training. In 2008 we decided to use it in the Waldorf School in Madrid. The class teacher and the remedial teachers conducted the lessons with very positive results. The aim of this workshop is to connect our work as Extra Lesson teachers with other methods that emphasize the strengthening of the lower senses in order to allow the child a chance to completely develop their potential.

Laura Pellico Nabreda's first contact with Waldorf Pedagogy was through the Kindergarten training in Madrid. She also began the AHE Remedial training. After the cycle finished, she joined in coordinating the Remedial Training group in Madrid, and currently coordinates the Remedial training in Barcelona. She is a trained Waldorf teacher and taught at the Waldorf School in Madrid for nine years in addition to doing the remedial work in the school. Laura became fully licensed in Neuro-Physiological Therapy, INPP, England in 2007, and is responsible for the INPP work in Spain. She is an authorized trainer for the One Day course in the INPP School Program. Today she has her own private practice and works as consultant for Spanish Waldorf schools.

C The Benefits of Craniosacral Therapy and the Extra Lesson — Wania Forghieri (Portuguese and English)

As we know, the rise in children's disorders and disabilities is connected to external influences, such as traumas, too much information; games, media and TV bombard them while they have less time to internalize and digest information and sense impressions. The correlation between the influence of stretching and lifting, the need and influence of sound sleep, inspired mainly by chapters 3 & 4 of *Sleep, An Unobserved Element* in Education by Audrey McAllen, will be presented in this workshop.

Wania Forghieri is an experienced Waldorf educator with a long career at Escola Waldorf São Paulo, Brazil where she was a Kindergarten teacher, class teacher and Teacher's Coordinator. She studied Education at the Universidade Paulista, and has continued study in Neuroscience and Pervasive Developmental Disorders. She is a certified Extra Lesson practitioner from the International Training in Brazil (AHE – 2004) and has also studied Somatic Experiencing. Since 2003, she has been in private practice.

The Extra Lesson has always been the starting point and inspiration for her work with children. She is a specialist in neuroscience and pervasive developmental disorders, with an ongoing research that will be submitted as part of her post-graduate course. At the same time, she started to wonder how to play assertively with the children, as they all somehow want to be touched and loved. Consequently, she took a four-year intensive Craniosacral training through the Milne Institute, California. Her current research unites the Craniosacral therapy with the Extra Lesson.

**D Reflections on working with children with Extra Lesson and Challenging Children — Lalege Craig, MEd.
Co-Director Extra Lesson and Therapy Center, Australia**

In this workshop, we will explore how to use different strategies to work with non-compliant children. With 32 years of experience working with the Extra Lesson and children of all ages, I will share my experience and strategies for creating lessons with challenging children.

Lalage Craig, (M.Ed, Dip.Ed, Grad.Dip.Ed, Neuro Developmental Therapist) has over 32 years experience working with children with learning and behavioral difficulties and pioneered Extra Lesson™ in Australia. She has experience working with a very diverse range of students/children and problems and has built an international reputation in the area of learning and behavioral difficulties. Working with the underlying causes of the student's difficulties has proven an extremely effective approach. Lalage has given numerous workshops in USA, Europe and in Australia. Lalage is a life long honorary member of the International Extra Lesson Association, which aims to maintain professional standards across the world.

E The Extra Lesson as a Path to Developing Comprehension — Mary Jo Oresti, M.L.D.

Many of the children in our schools today have learning styles that demonstrate that they are lost, not only in space and time, but also in comprehension. Recapitulating the developmental path through specific Extra Lesson exercises, accompanied by practices to strengthen inner picturing, has proved successful for middle school children. Many children are able to bridge the gap to learning through Extra Lesson; however, other students also require additional instruction. In this workshop we will practice activities to strengthen reading comprehension, review cases and examine some of the exercises in light of reading comprehension.

Mary Jo Oresti has worked with the Extra Lesson for over thirty years, bringing it to the remedial program at the Detroit Waldorf School and then into the Educational Support programs sponsored by the Association for a Healing Education in the U.S., Spain and Brazil. She is also trained in Chirophonetics. She currently acts as President of the Association for a Healing Education and will be welcoming a tenth cycle of students in October 2012.

F Healing in the Madonna Series Pictures — Joan Treadaway, M.Ed.

In 1911, Rudolf Steiner approached Dr. Felix Piper, an anthroposophical physician, to work with him in treating children and adults with the healing pictures of the Raphael Madonna series. Known as "The Madonna Treatment", it is used as a therapy in Camphill Special Schools and in some Waldorf Remedial Therapy practices. The 15 pictures have a regenerative force, enlivening the human being through the streaming of five etheric streams.

We will also explore how the somewhat less familiar "Five Etheric Streams, As Architect and Strengtheners of the Human Being" form a pentagram, a star, in the human being. In Greek Mystery wisdom the pentagram held the mystery of the human being in our four-fold nature.

Adding to this dynamic backdrop, we will also examine "The Mission of Raphael In The Light Of Spiritual Science", exploring his prior incarnations as Novalis and John The Baptist; and then as Raphael, where he brings to life the painting of the Madonnas, especially the Sistine Madonna, characterized by Rudolf Steiner as "One of the greatest and noblest works of art in human evolution".

Joan Treadaway has a private practice, Childhood Consulting Services, working as a trained Waldorf Remedial Therapist in Prescott, AZ. With an extensive background in education spanning 45 years, Joan has been a Waldorf and a public school teacher; she helped found three Waldorf schools and she consults and lectures widely on the needs of children today. She has taught in the Educational Support Programs at Sunbridge College and for the Association For a Healing Education for many years. She is also treasurer of the board for the Association For a Healing Education. She is currently conducting Waldorf Remedial Seminars in Prescott for Waldorf teachers and has been president of the Arizona Council for Waldorf Education for 22 years.

G Supporting the Development of the Hand. — Ingun Schneider, MA, PT, Director of Extra Lesson Training, Rudolf Steiner College, California

We will learn and practice various activities to support healthy hand and pencil grip development for use in classrooms or individual lessons, including age appropriate exercises beginning in early childhood through the grades.

Ingun Schneider, PT, MA is Director of the Remedial Education Program at Rudolf Steiner College in Fair Oaks, California. She has worked with the Extra Lesson since 1983, was a class teacher (grades 1-8) at Sacramento Waldorf School, now consults at Waldorf schools and gives Extra Lessons in San Francisco.

H Dyslexia - treating auditory and visual issues with Extra Lesson Exercises — Rosana Torlay, Speech Therapist

After working for three decades as a Speech therapist and specifically with dyslexic patients, Rosana has developed Extra Lesson plans that significantly improve the skills of her students. She will present some of her case studies and share her findings regarding the students' achievements. One of her case studies had a mainstream Neuro-ophthalmologist who supported the results of the work and helped her develop a sequential progression of the exercises and the Extra Lesson plans.

Rosana Torlay is an experienced Speech Therapist in Brazil, working in a private practice since 1975. She has worked in Doman/Delacato's Clinic, before she graduated in the University - PUCCAMP. She is fully trained in PADOVAN Method and worked with it for over three decades. She took the Waldorf Teacher Training to deepen her understanding of children. She is a certified Extra Lesson practitioner from the International Training in Brazil (AHE - 2004) and has been part of the Board of Coordinators for the Trainings in Brazil since then. She takes part in many interdisciplinary meetings with doctors concerning her Extra Lesson students.

I Person, House, Tree Assessment Norms: Ph.D. research presentation — Mariane Judd, M.Ed., Psychologist, Co-director of the Extra Lesson & Therapy Center, Australia

"What are the common characteristics and features in the PHT drawings of typically and non-typically developing children from age 5-10 years old?" The lecture will discuss the results of Mariane's Ph.D. research of the PHT assessment drawing. She has collected close to 600 drawings; these have been analyzed to see what children draw today. The results will be reviewed to see if children are showing the same characteristics and features in their drawings that Audrey McAllen wrote about in her book Reading Children's Drawings, The Person, House and Tree Motifs.

Mariane Judd, is a registered psychologist and an Extra Lesson Practitioner who maintains a private practice in Canberra, Australia. Mariane is an Extra Lesson trainer, and co-ordinates and lectures in teacher trainings in Japan, India, Australia and New Zealand. She is currently completing her Ph.D. on the topic of the PHT drawing.

J Creating Focused Lessons Based on Assessment and Observation Findings — Maria Eugenia Obniski, M.Ed., Director of Extra Lesson Training, Sao Paulo, Brazil

We will begin by taking a comprehensive look at the Assessment Exercises coupled with our observations to extract the important information for creating Extra Lesson plans. We will work out of the hierarchy of human development, from the horizontal plane to vertical posture, and from the development of the senses to making sense of perception into thinking. Please, feel free to bring your own cases to this workshop. We will focus on assessments that participants bring, will brainstorm together to develop lesson plans, and will learn how to integrate Auditory and Visual perception and processing into the exercises.

Maria Eugenia Obniski is licensed in Education from the Universidade de Sao Paulo, Brazil. For over 20 years she worked as a teacher of English as a Second Language. She is fully certified as a Chirophonetics Therapist in Brazil, from the Schule fur Chirophonetics und Sprachtherapie. Maria Eugenia received Extra Lesson training in USA with the Association For a Healing Education (2000). Since 2001, she has been co-director and coordinator of the Extra Lesson Training program in Brazil, being responsible for the translation and publication of the book into Portuguese. She has supervised 200 people that took the training in Brazil - 60 of whom have achieved full certification. She is responsible for projects teaching children and doing Extra Lesson Assessments at Favela Monte Azul and at the Anthroposophic Doctors Association Clinic in Brazil since 2004. She has taught in Extra Lesson Trainings in the USA and Canada, and has worked in private practice since 1993.

K Extra Lesson and Body-Mind Centering® — Lauren Nyland, M.Ed.

The Body-Mind Centering (BMC) work by Bonnie Bainbridge Cohen can help refine our observations of the origin of movement and provide additional activities to our repertoire. This workshop will share variations on the developmental movements of rolling and the lizard that are fun and help with experiences of above/below, left/right, center/periphery, and sequencing, while providing a foundation for reading, listening, eye tracking, and social success. We can also look at these movements and other Extra Lesson activities through a BMC perspective to support the development of the hand-radius/ulna and the scapula/ribs to support fluidity in writing. This workshop will be mostly movement and experience, so come prepared to move and leave feeling more integrated in your own body!

Lauren Nyland recently completed the Body-Mind Centering Infant Developmental Movement Certification. She has an M.Ed. in Waldorf Remedial Education from Sunbridge College. She is Montessori certified to teach grades 1–3 and she taught Waldorf Parent child classes for 4 years. Lauren is currently the Educational Support Coordinator at the Emerson Waldorf School, Chapel Hill, NC.

L Strengthening Moral Forces and Overcoming Fear — Rachel Ross, M.Ed.

We are living in challenging times and the importance of our work with children, parents and teachers becomes more evident every day. So often the underlying issues we meet, in even the youngest of our students, are the elements of fear and anxiety. “Modern materialism has arisen out of fear, without people having the slightest inkling about this... The modern materialistic worldview is a product of fear and anxiety. Fear is related to idleness, to the wish to cling to habits.” Rudolf Steiner.

Building inner courage is needed to meet life’s challenges; to develop a feeling of acceptance for what comes toward us from the future engenders fearlessness. In our work with the Extra Lesson, our Anthroposophical image of the human being and the inner work on our own issues enable us to bring to our students the possibility to meet and overcome their fears. In this workshop we will revisit our work from the point of reference of overcoming fear and fostering the moral forces of courage, devotion, and equanimity.

Rachel Ross, has taught Eurythmy for over 35 years to children and adults. She is a graduate of the London School of Eurythmy and Emerson College, England, and received her Therapeutic Eurythmy diploma from the Medical Section of the Goetheanum, Switzerland. In addition, Rachel has a B.A. in Remedial Therapy in Education from the University of Massachusetts and an M.Ed. Degree from Sunbridge College, NY.

Rachel maintains an active practice in Therapeutic Eurythmy and Remedial Movement Therapy. She specializes in treating children with developmental disorders and learning disabilities, designing and implementing programs, training staff, teaching and consulting to Waldorf and public schools. She is now a traveling consultant and mentor to many Waldorf and private schools nationwide, and is actively involved in the Remedial Teacher Programs in Brazil and Spain. Rachel is the director of the HEART Program at the Rudolf Steiner Centre Toronto, Canada.

M On Strengthening Capacities for the Whole Class — Jeff Tunkey

The workshop will explore how to create/promote and support a school-wide culture and repertoire of whole-class remedial work. Participants in this workshop will be helped to map out a strategy for their school. In *The Spiritual Ground of Education*, Rudolf Steiner stated: “... the main task of the teacher or educator is to bring up the body to be as healthy as it possibly can be; this means, to use every spiritual measure to ensure that in later life a man’s body shall give the least possible hindrance to the will of his spirit. If we make this our purpose in school we can develop the powers which lead to an education for freedom.” However, to reach this ideal, all children (including those who are thriving in academics) need environments and activities that allow them to grow in a healthy way. These should be standard practice in our classrooms—and not just for a few children—because they strengthen every child. By weaving into the life of the school, an understanding of these foundations and a shared palette of capacity-strengthening lessons, we can experience an enrichment of the educational journey of all the children who come to us.

Jeff Tunkey teaches Physical Education and Extra Lesson at Aurora Waldorf School, near Buffalo, NY, and is the Educational Support Team Coordinator. The school’s unique movement program incorporates traditional games, life sports and team sports, weekly tumbling/gymnastics, and whole-class developmental movement based on the Extra Lesson. A graduate of the Spacial Dynamics Inservice Training, he has taught teacher groups through the Association for a Healing Education, the HEART Program in Toronto, and at other schools. (www.movementforchildhood.com/workshops1.htm)

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Extra Lesson and the Human Archetype

CONFERENCE REGISTRATION INFORMATION

Name _____ Date _____
Address _____ City _____
State/Province _____ Country _____ Zip/Postal _____
email _____ Phone _____
Workplace & current position _____
Please specify Extra Lesson training (AHE, HEART, RSC, Gradalis, etc.) _____
Date of graduation _____ Do you wish to apply for a travel scholarship _____?

WORKSHOP CHOICES

Please choose seven workshops, and number your choices in order of priority. See preceding pages for details.

A ___ B ___ C ___ D ___ E ___ F ___ G ___ H ___ I ___ J ___ K ___ L ___ M ___

LANGUAGE PREFERENCES

English: Fluent ___ Somewhat fluent ___ Not fluent ___
Spanish: Fluent ___ Somewhat fluent ___ Not fluent ___
Portuguese: Fluent ___ Somewhat fluent ___ Not fluent ___

PAYMENT

___ Non-refundable Registration Fee (*payable now, until July 1*) \$ 50. US
___ Conference Fee (*payable between May 1 and July 1*) \$ 425. US
___ Or pay TOTAL now (*payable between May 1 and July 1*) TOTAL \$ 475. US

Please make check payable to AHE, and mail to: **AHE**, 1920 Thumb Butte Rd., Prescott, AZ 86305

LOCATION & HOUSING: Information can be found on the Sunbridge Institute web site, www.sunbridge.edu. The “Student Services” page contains your necessary information for housing, directions, airports, shuttles etc. Housing can be paid for online through Sunbridge Institute.